

# 2026 First Year Psychiatry Match

*Health Service Directory*

## Victorian Mental Health Services 1<sup>st</sup> Year Psychiatry Training Positions to commence February 2027

VPTC Region	Victorian MH Service	No. Positions for 2027
Southern	Peninsula Health	6
	Monash Health	18
	Goulburn Valley Health	3
	The Alfred	9
	Latrobe Regional Hospital	4
Northern	Austin Health	6
	Albury Wodonga Health	2
	Eastern Health	11
	St Vincent's Hospital	6
	Bendigo Health	3
Western	Barwon Health	6
	Mercy Werribee	4
	Mildura Base Hospital	3
	Grampians- Ballarat Health	4
	Southwest Healthcare	2
	Royal Melbourne Hospital	8
	Western Health	10
	Northern Health	8
<b>Total positions for 2027</b>		<b>113</b>

\*V1: Estimate as current and will be updated prior to the closing of candidate service preference.



# PSYCHIATRY TRAINING PROGRAM

**Bayside Health**

Peninsula Care Group



## INFORMATION FOR PROSPECTIVE TRAINEES

6 First year training positions for 2027

PMCV Application opens 21 April 2026

RANZCP Psychiatry Training Program

<https://www.ranzcp.org/training-exams-and-assessments/fellowship-program>

Peninsula Health Careers

<https://www.peninsulahealth.org.au/careers/>

PMCV

<https://www.pmcv.com.au/2026-first-year-psychiatry-match/>



Peninsula Care Group with Bayside Health, is the major health service provider serving the metropolitan and rural areas on Victoria's beautiful Mornington Peninsula. Peninsula Care Group covers communities in the local government areas of Frankston, Mornington Peninsula and part of Kingston. It covers a bayside area bordered by Aspendale to the north, Langwarrin and Hastings to the east and Flinders and Portsea to the south. The catchment area encompasses approximately 900 square kilometres and a population of approximately 300,000 which can increase by around 100,000 during peak tourism seasons.

The Peninsula Care Group Mental Health and Wellbeing Service aims to provide timely and equitable access to a quality service. It actively supports and encourages Consumer and Carer participation in all aspects of planning and delivery of services.

Peninsula Care Group Mental Health and Wellbeing Service is strongly committed to providing an outstanding training experience across all the years of training. We provide a supportive and collegiate atmosphere that ensures all training needs are met.

## **Training Program**

The Psychiatry Training Program at Peninsula Care Group Mental Health and Wellbeing Service is offering 6 accredited Stage 1 (first year) training positions in 2027. The Program addresses all the mandatory training requirements of Stage 1, 2 and Stage 3 Generalist training with the current opportunity to undertake Advanced Training Certificates in Psychotherapy and Psychiatry of Old Age.

## Rotations available to registrars:

### Hospital-based

Peninsula University Hospital

Adult Acute Inpatient Unit (T6 AIPU) with 32 beds (including ICA beds)

Aged Acute Inpatient Unit (T6 OAIPU) with 16 beds (including ICA beds)

Consultation-Liaison Service

- *Accredited for Stage 2 Mandatory Requirement*
- Expanded to cover Peninsula University Hospital, Rosebud Hospital, Gold Links Road Rehab Centre, Mornington Centre

PAPU (Psychiatric Assessment and Planning Unit) 6 beds

### Community-based

Crisis Assessment and Treatment Team (CATT)

Adult - Frankston Adult Community Mental Health Team (Tarnbuk Centre)

- Case Management Team
- Intensive Recovery Team

Adult – Mornington Adult Community Mental Health Team (Bayview House)

- Case Management Team

HOPE (Hospital Outreach Post-Suicidal Engagement)

Community Care Unit, Frankston

APARC Frankston

Infant, Child and Youth Service

- *Accredited for Stage 2 Mandatory Requirement*
- Positions within service along with at Headspace Frankston

YPARC Frankston

Psychiatry of Old Age - Community

- *Accredited for Advanced Certificate*
- Consultation Liaison
- Case Management Team
- Assessment and Intensive Treatment Service

Therapy Service

Frankston Local & Wellbeing Service

- General Stream
- AoD Stream

External Rotation opportunities:

- Forensicare



### Education Program and Exam Preparation Supports

Weekly Academic Program (Wednesdays 12:30-13:30)

- Grand Round-style presentations
- Consultant teaching
- Professorial lectures from external speakers

Psychotherapy tutorial or Reflective practice

- Alternating fortnightly for registrars
- Essential Psychotherapeutic Medicine

Focused tutorials

- Assessment, Interview skills, MSE and phenomenology and Formulation
- Independent OCA Tutorials

Exams

- Weekly OSCE, MEQ/CEQ tutorials

Psychotherapy and Scholarly project

- Individual weekly supervision for Psychotherapy Written Case (PWC)
- Opportunities for research and scholarly project

# WHY US?

**Bayside Health**

Peninsula Care Group



Being a comparatively small service, we are a close-knit group who are supportive of developing our individual character and unique skillset. We have strongly supportive and responsive clinical leaders who attempt to strive to address patient centered care balancing decision making principles along with prioritizing training and trainee wellbeing.

Peninsula Care Group Mental Health & Wellbeing service covers diverse populations of Frankston LGA and the coastline of Mornington Peninsula. Easy access to Frankston via private or public transport. While Rosebud is further out, the scenic drive may just make it worthwhile!

For further information, contact:

**Precilla Damain**

*Operations Assistant to Clinical Director*

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**Dr Meghal Parekh**

*Site Coordinator of Training*

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# Mental Health Program

## POSTGRADUATE PSYCHIATRY TRAINING PROGRAM

Information for Prospective Applicants



March 2026

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## Introduction

Monash Health is the largest mental health provider in Victoria, delivering comprehensive services in both hospital and community settings including acute mental health services, alcohol and drug services, child and adolescent services, mental health community services, rehabilitation services and consumer and carer relations.

Monash Health's psychiatry program spans much of the Southern Metropolitan Healthcare region providing training across four major hospitals, Monash Medical Centre, Dandenong Hospital, Casey Hospital and Kingston Centre, as well as a multitude of outpatient services and specialist clinics. Our large network provides trainees with the opportunity to complete all their mandatory rotations and the majority of elective rotations within the health service in a diversity of settings. Monash Health provides specialist training experience in refugee mental health, addiction psychiatry, early psychosis and early intervention, perinatal psychiatry and eating disorders. Our close partnership with local regional services also allows the opportunity for trainees to work in the private health sector (St. John of God South Eastern Private Hospitals) and complete external rotations in forensic psychiatry (Thomas Embling Hospital).

Each year the Monash Health Psychiatry Training Program offers 18 Stage 1 training positions. The training offered is fully compliant with RANZCP guidelines and requirements of the Competency Based Fellowship Program. The program reflects the progressive shift of emphasis to understanding a range of psychotherapeutic practices, population health perspectives, understanding of the range of collaborative processes that support mental health service delivery, and evidence based practice.

The size of the training institution that Monash Health provides means that we can provide the diversity of experience, mentoring and role models that are critical to supporting trainees through both basic and advanced training stages. There are research programs of international standing running in child and adolescent psychiatry, general practice psychiatry, consultation liaison psychiatry and innovative approaches to cognitive behavioural therapy for depression to give only a few examples. Computer and internet access is well provided for, there are extensive training courses and other professional developmental opportunities on offer.

The training program has close linkage with Monash University through the School of Clinical Sciences, Faculty of Medicine, Nursing and Health Sciences, Department of Psychiatry. Monash academics are heavily involved in teaching at all levels, and so Monash Health trainees gain benefits from professional apprenticeship and mentoring from a wide range of skilled consultant staff and also the exposure to cutting edge innovations in mental health care.

## **Vision & Mission Statements**

### **Vision**

A dynamic, integrated and united Psychiatry Training and Education Program at Monash Health which supports and nourishes the development of psychiatrists in the pursuit of excellence in mental health training and practice.

### **Mission**

To equip and support psychiatrists in their professional development, as trainees and supervisors, through a high quality, stimulating, structured training and education program delivered in a vibrant learning environment.

## **Aims**

To assist trainees in the smooth passage through the requirements of RANZCP Fellowship through :

- Ensuring training meets or exceeds RANZCP guidelines and requirements
- Supporting candidates through all stages of the RANZCP assessment and examination

To provide comprehensive clinical training in psychiatry through :

- Ensuring skills for building and maintaining respectful and effective clinical and team relationships are well learnt from an early stage of training
- Providing opportunities for acquisition of interviewing skills including sound assessment skills across a wide range of clinical paradigms
- Supporting learning around working with the individual in a social and community context including working with consumer and carer advocates
- Providing training opportunities in working with disorders as they present throughout the life span
- Providing training for psychiatry as applied in the context of other disabilities and co-morbidities
- Making available training in specialist psychiatric programs whether defined by setting or focus
- Giving opportunities to learn judicious prescribing skills and reflect on the influences on a personal prescribing pattern
- Encouraging reflective learning around clinical relationships from the briefest of encounters to long term psychotherapeutic relationships.
- Exposing trainees to the viewpoint of the patient from different places within and outside the healthcare system
- Providing learning opportunities to develop skills to work within different sectors of healthcare where mental health problems commonly occur.
- Making available training opportunities in a wide range of the psychotherapies; encouraging trainees both to integrate learning from the breadth of this experience into a personal way of working and also to understand the role of guideline adherent practice.

To support development of a sophisticated understanding of evidence based practice and research through :

- Providing all trainees with opportunities to see research as it is conducted across a wide range of disciplines
- Providing exposure to critical analysis in a way facilitating robust and enduring skills in rational development and modification of beliefs that guide clinical practice
- Providing interested trainees with opportunities to participate in research programs across a wide range of focus areas and involving a wide range of methodologies
- Providing research committed trainees with opportunities to successfully pursue higher degrees and gain grant funding for work in their areas of interest.

To equip trainees for leadership roles and to adapt to changing healthcare systems through:

- Exposure to a wide range of service delivery settings
- Providing a public health perspective within which to appraise service developments
- Giving access to leadership training programs within and across disciplines
- Encouraging and supporting trainees in taking part in innovation and change management as it occurs within the services.
- Promoting understanding of links between evidence, policy, strategy and practice
- Assisting development of strategic sense that recognises the role of conservatism in clinical services and practice but also the occasional need for bold and radical change.

## **Aspects of training offered**

Monash Health Mental Health Program offers training rotations in:

- Adult Continuing Care
- Adult CATT/ECATT
- Adult Inpatient
- Adult MSTT
- Adult Rehabilitation
- Agile Psychological Clinics – Casey, Dandenong, Clayton
- Alcohol & Drug Services / Dual Diagnosis - Casey, Dandenong, Clayton
- Consultation Liaison Psychiatry – including Paediatric CL
- Early in Life Mental Health Services (Child, Adolescent & Youth Psychiatry)
- Eating Disorders
- Forensic Psychiatry
- Gender Dysphoria
- HOPE outreach program
- Older Adult Mental Health Services
- Perinatal Psychiatry
- Private Adult Psychiatry – South Eastern Private Hospital
- Psychotherapy – St. John of God, Langmore Centre.
- Refugee Mental Health Clinic
- Clinical Research positions at Victorian Heart Hospital and Perinatal Services

- Wellbeing Locals (Dandenong & Casey)

## Mental Health Institutions Involved

Monash Health Psychiatry Training Program sites include:

- Monash Medical Centre in Clayton
- Dandenong Hospital
- Casey Hospital in Berwick
- Kingston Centre
- Various Community services

Service	Inpatient	Community	Rehabilitation	Private
Adult	Unit 1 Dandenong	Continue Care: Clayton, Casey, Cranbourne Dandenong	Doveton CCU, Doveton	Pinelodge, Dandenong
	P Block, Clayton	CATT ECATT Casey, Dandenong	Middle South CCU, Bentleigh East	South Eastern Private, Noble Park
	Ward E, Casey	MSTT Clayton, Dandenong	Unit 4 (SECU), Dandenong	
		Consultation Liaison Clayton, Dandenong	PARCS Narre Warren, Clayton, Springvale	
		Agile Psychological Clinics Clayton, Dandenong		
		HiTH Dandenong,		
Aged	Unit 3, Dandenong	APMHS Endeavour Hills, Kingston Centre		
	Biala, Kingston Centre			
Early in Life ELMHS	Unit 2, Dandenong	RAPPS (Early Psycho- sis) Dandenong	Youth PARCS Dandenong	
	Stepping Stones, Clayton	ELMHS Programs Clayton, Dandenong, Frankston		
	Perinatal & Infant Unit, Clayton			
<b>Forensic</b>	Unit 4, Dandenong	Thomas Embling Centre		

<b>Alcohol &amp; Drugs</b>	Community Residential Withdrawal Unit, Dandenong	Monash Health Drug & Alcohol Services, Dandenong	TSU Narre Warren	
		Primary Health Clinic & NSP Dandenong		
		Dual Diagnosis Hampton East		
<b>Other</b>	Eating Disorder Inpatient, Dandenong	Wellness & Recovery Centre Clayton	Butterfly Day Program, Malvern East	
		Gender Dysphoria, Hampton East		

## Training Committee

Training is coordinated by a dynamic team of psychiatrists and administrative staff to ensure that trainees are well supported at every stage of their training. The Director of Training oversees the whole training program and works closely with the three Site Training Coordinators to support trainees from entry to completion of training, addressing all matters related to basic and advanced training. There is also an Exam & Assessment Co-ordinator, who specifically supports written examination preparation, Clinical Competency Assessment – Modified Portfolio Review and progression through the Psychotherapy Written Case and Scholarly Project. Three senior psychotherapists provide teaching, training and supervision for all trainees commencing in Stage 1 and extending through to advanced training. They assist in preparation and supervision for the psychotherapy long case, psychotherapy advanced training requirements, as well as advanced certificate training in psychotherapy.

## Supervision

RANZCP training places great emphasis on supervision. Trainees are continuously assessed during their supervision and performance is discussed during supervisor peer supervision sessions. Any concerns are usually addressed during the rotation. Individual supervisors are encouraged to address issues before the end of the rotation and if necessary, have the assistance of the Director of Training. In addition to having a range of processes in place to monitor the provision of 1:1 supervision, we work to maximize the value for trainees of group clinical

activities including ward rounds and case review meetings within community services. These meetings are part of the supervision requirements for College training.

In order for this to be a meaningful opportunity for professional development, the trainee is required to play an active part in the clinical process, in a way that conforms to the apprenticeship model and so that the trainee acquires an actual understanding of the process and practice of contributing to multidisciplinary team forums as a senior mental health clinician. Training within this organization will provide the trainee with exposure to a variety of teams and working practices, and with modelling opportunities to learn about working effectively in teams, developing a leadership style, and negotiating issues of power and responsibility. The senior medical management within the Monash Health Mental Health Program is a fresh, energetic group who provide positive and approachable role models both as clinicians and also as psychiatrists working in management capacities.

## **Educational Opportunities**

The Monash Health Mental Health Program provides a full range of educational opportunities for trainees, and space does not permit full listing of these here, however some of the key elements of training available are as follows:

### **Regular Activities:**

All basic trainees have time to attend an approved formal education course, such as the Masters of Psychiatry, on a weekly basis.

Internal activities for educational purposes include:

- A Stage 1 tutorial series is conducted on a Wednesday afternoon across Monash Health sites with a program including interview skills, phenomenology, psychopharmacology, and basic psychotherapy skills.
- Monash Medical Centre, Dandenong Hospital and Casey Hospital have an active weekly education program with journal club and case conferences alternating with a Professorial lecture, video conferenced from Monash Medical Centre to all sites.

- Exam focused tutorials occur weekly to prepare trainees for Written Examinations with opportunities to participate in mock exams.

## Application

Application for entry into Psychiatry Training at Monash Health opens 21 April 2026 via e-recruit on the Monash Health website: [www.monashhealth.org](http://www.monashhealth.org).

For further information about Psychiatry Training at Monash Health, please contact the Director of Training. For further information about the application process, please contact the JMS Workforce Coordinator, whose contact details are below.

## Contacts

Position	Email
Director of Training: <b>Dr May Loh</b>	<a href="mailto:May.Loh@monashhealth.org">May.Loh@monashhealth.org</a>
JMS Workforce Coordinator: <b>Dr Martin Preston</b>	<a href="mailto:Martin.Preston@monashhealth.org">Martin.Preston@monashhealth.org</a>
Administrative Support: <b>Priscilla Crasto</b>	<a href="mailto:Psych_Training@monashhealth.org">Psych_Training@monashhealth.org</a>

# Postgraduate Psychiatry Training Program



Monash Health is the largest mental health provider in Victoria, delivering comprehensive services in both hospital and community settings including acute mental health services, alcohol and drug services, child and adolescent services, mental health community services, rehabilitation services and consumer and carer relations.

Monash Health's psychiatry program spans much of the Southern Metropolitan Healthcare region providing training across four major hospitals, Monash Medical Centre, Dandenong Hospital, Casey Hospital and Kingston Centre, as well as a multitude of outpatient services and specialist clinics. Our large network provides trainees with a multitude of opportunities to complete all their mandatory and elective rotations within the health service, in a diversity of settings. Advanced training is available in Generalist, Adult, Child and Adolescent, Youth, Aged, Consultation Liaison, Psychotherapy and Addiction Psychiatry. Furthermore there is specialist training experience in

refugee mental health, early psychosis and early intervention, gender dysphoria, perinatal psychiatry and eating disorders. Our close partnership with local regional services also allows the opportunity for trainees to work in the private health sector (Langmore Centre and South Eastern Private) and complete external rotations in forensic psychiatry (Thomas Embling Hospital). Trainees value being able to get all their training needs met at Monash Health.

### *A diverse and comprehensive Psychiatry Training Program*

Monash Health has the largest psychiatry training program in Victoria, offering eighteen Stage 1 training positions. The training offered is fully compliant with the RANZCP guidelines and requirements of the Competency Based Fellowship Program.

The program reflects the progressive shift of emphasis to understanding a range of psychotherapeutic practices, population health perspectives, understanding of the range of collaborative processes that support mental health service delivery and evidence based practice.



The size of the training institution that Monash Health provides means, we can provide the diversity of experience, mentoring and role models that are critical to supporting trainees through all stages of training. There are research programs of international standing running in child and adolescent psychiatry, general adult psychiatry, perinatal psychiatry, consultation liaison psychiatry and innovative approaches to cognitive behavioural therapy for depression to give only a few examples.

The training program has close linkage with Monash University through the School of Clinical Sciences, Faculty of Medicine, Nursing and Health Sciences, Department of Psychiatry. Monash academics are heavily involved in teaching at all levels, and so Monash Health trainees gain benefits from professional apprenticeship and mentoring from a wide range of skilled consultant staff and also exposure to cutting edge innovations in mental health care.

The Training Committee which is coordinated by a dynamic team of psychiatrists and administrative staff to ensure that trainees are well supported at every stage of their training.

The Director of Training oversees the whole training program and works closely with the three Site Training Coordinators to support trainees from entry to completion of training, addressing all matters related to basic and advanced training.

There is also an Exam & Assessment Co-ordinator, who supports written exams, scholarly project and psychotherapy case. Three senior psychotherapists provide teaching, training and supervision for all trainees commencing in Stage 1 and extending through to advanced training. They assist in preparation and supervision for the psychotherapy long case, psychotherapy advanced training requirements, as well as advanced certificate training in psychotherapy.

### *An Education Program of Excellence*

There is a full range of educational opportunities that are on offer for trainees including a weekly Academic Program with a Professorial Grand round, Case Conference and Journal Club. There are also tutorials to support preparation for all College examinations: MCQ and MEQ exams. All trainees have five hours paid training time every week that can be used to attend these tutorials as well as an approved formal education course.

Stage 1 registrars have two hours of weekly teaching in the foundations of psychiatry including interview skills, phenomenology, psychopharmacology, and psychotherapy skills.

There are also tutorials to support the Psychotherapy Case write up, Scholarly Project and Balint Group for senior registrars.

Applications for Stage 1 Registrar positions open 20 April 2026.

#### For enquiries contact:

##### **Director of Training:**

Dr May Loh

E: [may.loh@monashhealth.org](mailto:may.loh@monashhealth.org)

W: [monashhealth.org](http://monashhealth.org)

##### **Administrative Support:**

Priscilla Crasto

E: [psych\\_training@monashhealth.org](mailto:psych_training@monashhealth.org)

##### **Junior Medical Staff Workforce Coordinator:**

Dr Martin Preston

E: [martin.preston@monashhealth.org](mailto:martin.preston@monashhealth.org)



GOULBURN VALLEY AREA MENTAL HEALTH SERVICE

# RANZCP PSYCHIATRIC TRAINING PROGRAM



Goulburn Valley Area Mental Health & Wellbeing Service (GVAMHWS) provides mental health care to the community in north-central Victoria, extending from the outer fringes of metropolitan Melbourne to the Murray River.

The service is predominantly based in Shepparton, two-hour drive from Melbourne, and provides care for both inpatients and outpatients, with satellite community services in Seymour and Cobram.

GVAMHWS psychiatric training program is accredited by the Royal Australian and New Zealand College of Psychiatrists (RANZCP) for basic and advanced training in general adult psychiatry, psychiatry of old age, consultation liaison psychiatry and child, adolescent psychiatry and advanced training in addiction psychiatry.

**With GVAMHWS there are opportunities for training experience in tertiary sub-speciality services including:**

- General adult psychiatry
- Consultation liaison psychiatry
- Infant Child & Youth Mental Health Service
- Headspace
- Psychiatry of old age
- Addiction psychiatry
- Triage service
- Fortnightly spiritual & wellbeing clinic at Rumbalara Aboriginal Cooperative
- Prevention And Recovery Care (PARC)
- Specialist Residential Rehabilitation Program (SRRP)
- Hospital Outreach Post Suicidal Engagement (HOPE) program
- Psychogeriatric residential aged care
- State Wide Women's Mental Health Centre partnership
- Greater Shepparton, Strathbogie and Moira Mental Health and Wellbeing Local

GVAMHWS has a long-standing relationship with the Department of Rural Health, Melbourne Medical School, University of Melbourne, Shepparton campus and provides teaching to MD students. Psychiatric research and quality improvement activities are an integral part of the service's work culture and are actively encouraged. The workplace culture places emphasis on compassion, respect, excellence, accountability, teamwork and ethical behaviour. The GVAMHWS RANZCP Psychiatric Training Program has regular teaching activities including tutorials, case presentations, journal clubs and is committed to structured exam-specific preparations. From time-to-time notable experts in specific fields are invited for guest lectures.

For more information please call (03) 5832 2111

## Alfred Mental and Addiction Health - Psychiatry Training Program

### Our Purpose

- To improve the lives of our patients and their families, our communities and humanity.

### Our Beliefs

- Our staff are expected to demonstrate and uphold the beliefs of Alfred Health
- Patients are the reason we are here – they are the focus of what we do
- How we do things is as important as what we do. Respect, support and compassion go hand in hand with knowledge, skills and wisdom. Safety and care of patients and staff are fundamental
- Excellence is the standard we work to everyday. Through research and education, we raise the bar for tomorrow
- We work together. We play vital roles in a team that achieves extraordinary results
- Our leadership shares ideas and demonstrates behaviours that inspire others to follow

### First Year Trainees

12-month program comprising of six months on our inpatient ward and six months at one of our community clinics. This is alongside our renowned Alfred training and education program, including weekly education sessions, dedicated supervision sessions, fortnightly journal club and reading groups, peer support and protected training time each week.

### Second year Trainees

Develop skills in Child and Youth Mental Health with a six-month rotation through CYMHS. Opportunity to work with children/adolescents and their families. Specific Child and Adolescent focused teaching occurs each week throughout rotations for all second year trainees.

### Third Year Trainees

Complete six month rotations in Consultation and Liaison Psychiatry. The Alfred has one of the largest CL services in Victoria, including attachments to several state wide subspecialty services. Further opportunities include rotations into private psychiatric services, emergency psychiatry, Women's mental health, gambling and addiction and our expanding Headspace service. Advanced certificate training in Adult, Child and Adolescent, Consultation and Liaison, Aged, Addiction, Psychotherapy and Generalist Psychiatry.

For further enquiries please contact:

Dr Karen Phillips – Director of Training – [Ka.Phillips@alfred.org.au](mailto:Ka.Phillips@alfred.org.au)

Laurina Van Tilburg – Junior Medical Staff Training Coordinator [L.VanTilburg@alfred.org.au](mailto:L.VanTilburg@alfred.org.au)



# Psychiatry Training



# Introducing Gippsland

Living and training in our region



Where is Latrobe Regional Health (LRH)?

Drag your fingers across a map from just outside Melbourne's south eastern suburbs to the eastern tip of Victoria and you've discovered Gippsland. It takes in an area the size of the Netherlands and features farmland, forests, the mountains and a magnificent coastline.

These are the traditional lands of the Gunaikurnai and Bunurong Peoples.

Our hospital is located in Traralgon West, less than two hours drive from Melbourne's city centre.

Our clinics are located across Gippsland, in Traralgon, Warragul, Sale, Bairnsdale and Wonthaggi.

Spend your weekends taking in the wonder of the 90-mile beach or Wilson's Promontory, head north to the ski fields, camp and hike through native forests or explore the Gippsland Lakes by boat.

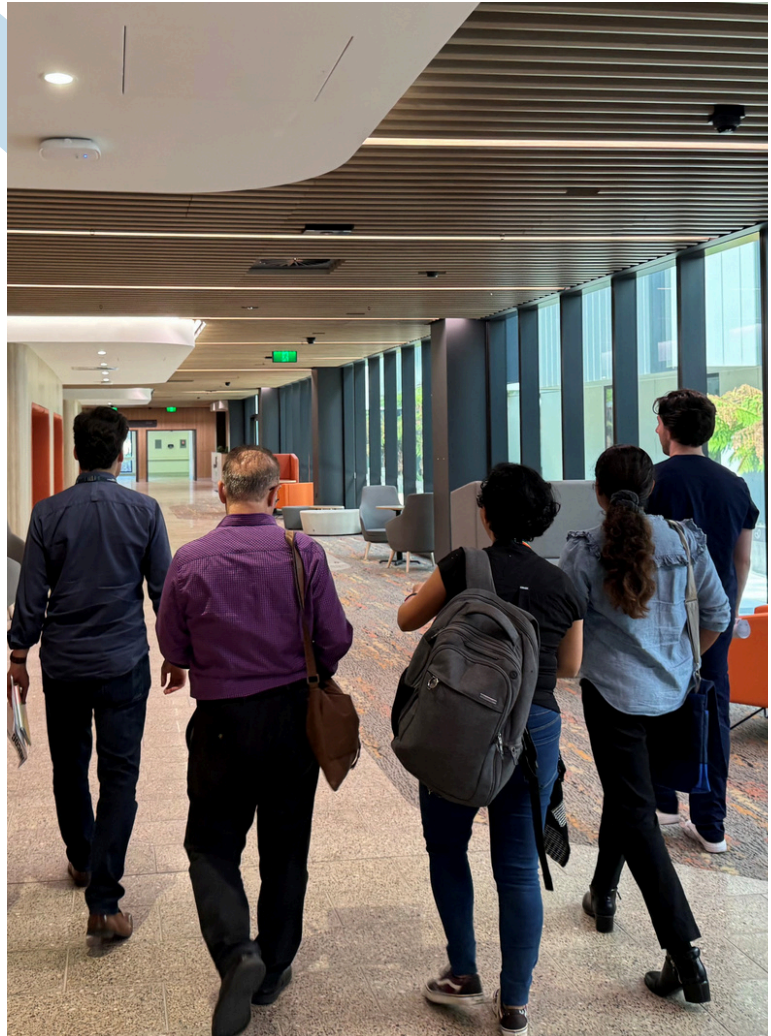
# Training opportunities

## Latrobe Regional Health has First Year Psychiatry Training Posts in Adult Psychiatry:

- Inpatient adult psychiatry unit (Flynn Unit) at Latrobe Regional Hospital
- Adult community clinics in Warragul, Sale, Bairnsdale and Wonthaggi
- Rehabilitation services (community residential unit, secure extended care unit).

## There are Stage 2 and 3 training posts in:

- Adult inpatient and community services
- Psychiatry in the Emergency Department
- Consultation liaison psychiatry
- Mitchell AOD Unit
- Agnes Unit (Mother and Baby) and community perinatal psychiatry
- Infant, child and youth mental health service, including community clinics, adolescent inpatient care, Youth PARC
- Macalister Older Person's mental health inpatient unit, community mental health.



**Q: How many First Year Psychiatry Training positions does LRH have?**

**A: Four first year positions**

# Education and training opportunities

## Latrobe Regional Health offers:

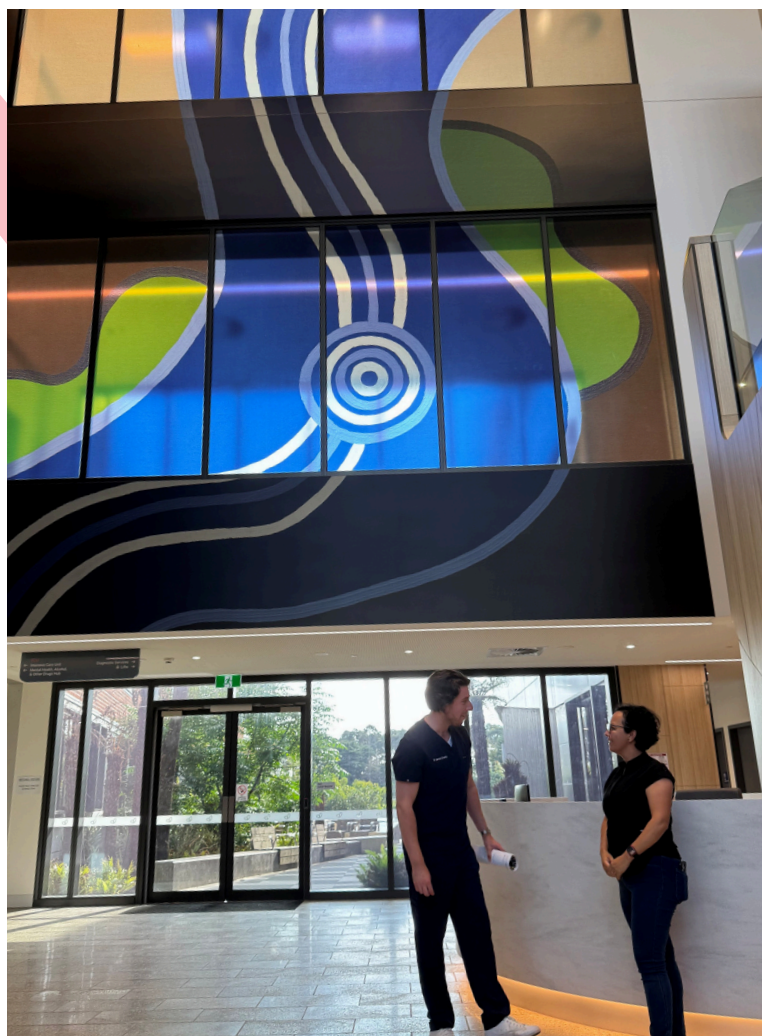
- Certified training in Electroconvulsive Therapy
- Participation in the ECT roster
- Close affiliation with Monash University's Rural Medical School
- An in-house Academic program in line with the RANZCP core syllabus
- Workshops for the continued development of skills in psychiatric interviewing
- Exam preparation tutorials
- Psychotherapy supervision

## A supportive environment

A peer supported culture, led by our Principal Registrar, a Coordinator of Training (ScoT) with 20+ years clinical experience working in public mental health and with postgraduate qualifications in Clinical Education.

## Strength across regional and rural Victoria

Additional training supports from the Rural-RANZCP with access to Masterclasses, exam preparation and foundational studies and networking opportunities with trainees from other regional and rural training regions.



## Contact Latrobe Regional Health

Dr Rebecca Fraser  
Coordinator of Training  
Email:  
[Rebecca.Fraser@lrh.com.au](mailto:Rebecca.Fraser@lrh.com.au)

Akshay Butti  
Medical Workforce Unit  
Email:  
[Akshay.Butti@lrh.com.au](mailto:Akshay.Butti@lrh.com.au)

# Postgraduate Psychiatry Training Program

## Training Opportunities

### Infant, Child & Youth Mental Health Service

*Clinical Director: Dr Campbell Thorpe*

The Austin offers comprehensive training in Child & Adolescent

Psychiatry, with a focus on psychodynamic and systems theory, research and education. Inpatient posts are available in each of the Adolescent and Child Inpatient Units, as well as the Statewide Child & Family Centre, the first of its kind in Victoria. Opportunities to work with adolescents and youth are available through community, autism assessment and emergency mental health service rotations. In addition to Stage 2 training, the Austin is able to offer a full Advanced Training Certificate in Child & Adolescent Psychiatry, offered in collaboration with the Mindful Training Centre, Travancore.

### Adult Mental Health Services

*Clinical Director: Dr Victoria Harpwood*

Austin Health provides services to the North-East Area Mental Health Service, including the Acute Psychiatric Unit, Secure Extended Care Unit, Psychiatric Planning and Assessment Unit (PAPU) and comprehensive community mental health services, including Primary Mental Health and HOPE teams and the first Victorian Crisis, Assessment & Treatment (CAT) Team. Residential programs at PARC and our Community Recovery Program provide experience in psychosocial rehabilitation.

### Parent-Infant & Eating Disorder Services

Parent-infant psychiatry is one of the Austin's biggest drawcards, with five registrar posts available at



**Marian Drummond Building  
Austin Hospital**  
Inpatient ICYMHS Services

between the Austin, Northpark and Mercy Hospital for Women. Eating disorders experience is available on our inpatient Eating Disorders Unit, as well as the Body Image & Eating Disorders Treatment & Recovery Service (BETRS); a comprehensive community service, with day program and psychotherapy services.

### Consultation-Liaison Psychiatry

*Lead Consultant: Dr Carolyn Breadon*

The Austin's Consultation-Liaison team provide a comprehensive training experience across all three Austin campuses to both Stage 2 and Advanced Certificate trainees. Notably, the team have a liaison role to Statewide Austin services such as Austin's Liver Transplant Unit, National Epilepsy Service, Long-Term Respiratory Unit and Victorian Spinal Unit, among other specialist services, such as the Olivia Newton-John Cancer Centre. Inter-specialty training experiences are also available in CL with dual-accredited roles in child and youth



### Burgundy Street Clinic

Providing community ICYMHS, adult and addiction services.

L-R: Hannah Bloom, *Mental Health Divisional Director*, Sue Wells, & Rowan Chipchase, *ICYMHS Managers*, A/P Sophie Adams, *Medical Director, Mental Health Division*

## Why the Austin?

### Unique training opportunities

- A **diverse range of rotations** including Adult, Child & Youth, Parent-Infant, Addiction, Eating Disorders, Neuropsychiatry, Consultation-Liaison and Post Trauma Recovery, all offered locally within a short distance.
- Access to **unique Statewide services** including the Psychological Trauma Recovery Service, Austin Neuropsychiatry, Child Inpatient Unit, Hamilton Centre for addiction and the Statewide Child & Family Centre, as well as liaison roles with statewide medical services.
- **Complete advanced training programs** in Child & Adolescent, Addiction and Consultation-Liaison Psychiatry, and a Psychiatry of Old Age program.
- **External secondments** to The Melbourne Clinic, Forensicare, Northpark Private Hospital and the Mercy Hospital for Women.

### Education and research centre

- Direct access to some of Victoria's prominent academics, with an office of the **University of Melbourne's Department of Psychiatry** on site, supporting research & teaching.
- **Weekly education program** for registrars, including grand rounds, psychotherapy & research support, with targeted teaching for Stage 1.
- **Education is integrated** into registrar roles and supported by Senior Medical Staff.
- Regular tutorials to support candidates for RANZCP assessments.

### A supportive workplace

- A **supportive, cohesive registrar group**, and collegiate working atmosphere with a commitment to supporting diversity as well as training success.
- **Opportunities for leadership** exist through the Registrar Leadership Group, Principal Registrar positions, and in training posts with a specific leadership focus.

CL, old age CL and addiction CL, as well as perinatal CL at the Mercy Hospital for Women, just next door.

## Addiction Psychiatry

*Lead Consultant: Dr Keri Alexander*

The training opportunities in addiction psychiatry have been dramatically expanded, and now incorporates a opioid substitution clinic, consultation-liaison opportunities for inpatients, pain clinic, residential withdrawal and the new Hamilton Centre, a Statewide service offering education and support to mental health services across Northern Victoria. Addiction advanced certificate training is available; trainees will work alongside addiction medicine registrars and physicians to provide integrated dual diagnosis care. Addiction services operate out of our brand new clinic at Burgundy Street.

## Austin Neuropsychiatry

*Clinical Director: Dr Maryam Dar*



Experience in neuropsychiatry, including the inpatient Brain Disorder Unit and CBDATS, a

assessment and outreach service. Outpatient experience is also available in specialist Neurobehaviour Clinics. Our Transition Support Unit supports adults with a dual disability to transition to community living, providing valuable experience in the psychiatry of intellectual and developmental disabilities.

## Psychological Trauma Recovery Service (PTRS)

*Clinical Director: Dr Maryam Dar*

The PTRS is a unique Statewide service which provides inpatient and outpatient treatment to Defence Force Veterans and Serving Members, emergency services personnel, and civilian victims of trauma. Opportunities at the PTRS exist for inpatient, psychotherapy, group work, TMS, and specialised PTSD treatments.

The PTRS inpatient unit, accredited as a Stage 1 acute adult rotation, allows first year registrars the rare opportunity to develop experience with high prevalence disorders.

## External Posts

These include general and AT posts in Aged **Psychiatry**, through Northern Health, Northpark Private Hospital and The Melbourne Clinic, **Forensic Psychiatry** through Forensicare, as are multiple **Private Practice** posts.

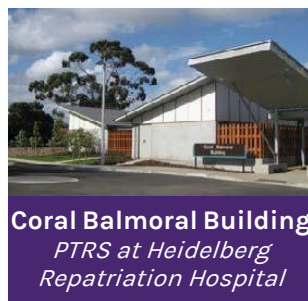
## Education & Research Opportunities

A weekly education program includes fortnightly Grand Rounds, Professorial Tutorials, Journal Club, psychotherapy tutorials and invited expert presenters. Teaching is supported by academics from our on-site University of Melbourne Department of Psychiatry, including A/Prof Trevor Norman, A/Prof James Olver, and its Chair, Prof Richard Kanaan. Multiple research opportunities are also available for scholarly projects, and for those interested in an academic career. The Austin is committed to registrar exam success, offering a comprehensive RANZCP exam preparation program as well as supervision for the psychotherapy long case and scholarly project.

## Junior Medical Staff Support

The Psychiatry JMS Training and Support Unit is staffed by Dr Ben Newham, and Jessica Thomas, who are available to provide RANZCP training, administrative and well-being support for all Mental Health Division junior medical staff. Dr Pam Cooke, Northern Region Director of Training and Dr Lee Allen, Chair of the Victorian Psychiatry Training Committee also make their home at the Austin.

Austin Health is committed to attracting & retaining a diverse workforce which represents the community. Flexible work, and work-life balance are valued.



Coral Balmoral Building  
PTRS at Heidelberg  
Repatriation Hospital

Psychiatry training at Austin Health provides Psychiatry Registrars access to one of Melbourne's most comprehensive general and specialist mental health services. This enables Austin trainees to have convenient access to prominent academics, to the collegiate and educational advantages of a large training centre, and to a service renowned for its dedication to registrar support and development.

## Join us!

Austin Health's psychiatry training program includes over fifty registrar positions:

- **Six Stage 1 RANZCP accredited training positions** in Psychiatry
- **Advanced Certificate training** in all subspecialty programs
- **Part time** training opportunities available

**Stage 1 registrar recruitment** (via PMCV match and VPTC approval) occurs in May-July annually. Other accredited and non-accredited registrar positions are recruited all year, but especially in **May-July** and **November-January**.

## Find out more

**Dr Ben Newham**  
Psychiatry Training Coordinator  
[ben.newham@austin.org.au](mailto:ben.newham@austin.org.au)

**Ms Amanda Wijethilake**  
Administration Support Officer  
[ptcadmin@austin.org.au](mailto:ptcadmin@austin.org.au)

# Welcome To Albury Wodonga Health (AWH)

Australia's only cross-border mental health service!

## Why Choose Us



### SERVICE

Albury Wodonga Health is a regional Victorian mental health service which provides a range of acute, sub-acute and community specialist mental health services to a population of approximately 300,000 people.



### LOCATION

Our catchment area spans 400 square kilometres across the picturesque regions of southern New South Wales and north-east Victoria. With close proximity to numerous ski fields and in the heart of a gourmet food and wine region.



### SITES

Services are delivered from sites in Albury, Wodonga, Wangaratta and Beechworth, in addition to outreach sites located at Yarrowonga, Bright, Corryong, Benalla and Mansfield.



### EXPERIENCE

AWH offers an inclusive and supportive training experience within a positive medical workforce culture. We can offer trainees a range of opportunities which may not be available in metropolitan settings and have a strong focus on supporting trainee's transition from registrar to consultant.

## Our Services

- **Adult Acute Inpatient Units (IPU's)**
- **Consultation Liaison**
- **Adult Continuing Care Teams (CCT's)**
- **Infant, Child and Youth Mental Health Services (ICYMHS)**
- **Perinatal Emotional Health Program (PEHP)**
- **Prevention and Recovery Centre (PARC)**
- **Community Care Units (CCU's)**
- **Older Persons Mental Health Services (OPMHS)**
- **Cognitive Demetia and Memory Service (CDaMS)**
- **Psychogeriatric Residential Aged Care Facility**
- **Acute Community Intervention Service (ACIS)**
- **Hospital Outreach Post-Suicidal Engagement (HOPE)**
- **Rural Outreach**
- **Local Mental Health and Wellbeing Service**

*Our service has strong links with University of New South Wales and University of Melbourne Rural Clinical Schools, with UNSW offering support through conjoint appointments, providing trainees with development as teachers & researchers, along with access to a range of UNSW resources.*

**Albury Wodonga Health - together, we advance the health and wellbeing of our community.**

## Contact Us

Dr Elizabeth McArdle - Medical Director  
elizabeth.mcardle@awh.org.au

Danielle Piltz - Senior Administrative Assistant to Elizabeth McArdle  
danielle.piltz@awh.org.au



# Eastern Health

## Psychiatry Training Program

### Information for prospective trainees

**About our service:** The Eastern Health Mental Health and Wellbeing Program is a publicly funded mental health service providing assessment and interventions for people experiencing mental illness. Working from a recovery oriented model, clinicians provide an array of hospital-based, community and specialist services for children, youth, adults and aged people across the Eastern Region.

**About our psychiatry training program:** Eastern Health offers a friendly and supportive training environment for twelve accredited first-year training positions, as well as a limited number of positions for trainees transferring into our training program. All mandatory rotations are provided in-house.

Eastern Health offers the opportunity to complete Certificates of Advanced Training in Addiction Psychiatry, Adult Psychiatry, Child and Adolescent Psychiatry, Consultation-Liaison Psychiatry, Psychiatry of Old Age and the Psychotherapies as well as Generalist pathway Stage 3 training. Our trainees are able to gain experience in our statewide services – Turning Point (addiction psychiatry) and Spectrum (specialising in personality disorders).

Eastern Health has a record of excellent results in the RANZCP examinations, with support for examinations by experienced facilitators and RANZCP examiners. More than 60 Consultant Psychiatrists work within our service, representing a diverse range of expertise and experience. Our high rate of retention of recently elected Fellows as staff specialists reflects a culture of inclusiveness and excellence which pervades training. Flexible training arrangements are accommodated wherever possible, within the constraints of the RANZCP rotation requirements.

Trainees are encouraged to participate in the teaching and mentoring of medical students from Deakin and Monash Universities, as well as the education programme for Interns and Hospital Medical Officers

# Why choose Eastern Health?



## Clinical

A broad clinical experience serving a diverse community including CALD and Aboriginal and Torres Strait Islander patients

Services across the age spectrum, from perinatal, children and adolescents, through to adult & older adult

Range of clinical streams and rotations, & sub-specialty training opportunities, including Turning Point, Spectrum & Forensicare



## Education

A comprehensive Academic Program incorporating invited speakers, case presentations, journal club and fortnightly junior medical staff meetings

Protected time each week to attend formal education program (in addition to your mandatory personal protected study time)



## Career Progression

Preparation for college requirements including fortnightly psychotherapy teaching and exam prep tutorials

Leadership opportunities throughout training through formalized positions, as well as observation of consultant and external committee meetings

Research opportunities, including support with Scholarly Projects and presenting at national or international conferences



## Community

60+ consultants with broad experiences and areas of expertise

Supportive JMO body

Principal registrar role with EFT assigned to support junior trainees in navigating workplace and training requirements, as well as challenges

Opportunities to engage socially with peers, with fortnightly climbing group, post-teaching drinks, bi-annual picnic and plans for a gala ball

## Psychiatry Training at St Vincent's Mental Health

There are six 1st year psychiatry registrar positions with St Vincent's Mental Health for 2025. These are full-time accredited training positions.

St. Vincent's Mental Health (SVMH) emphasizes strengths and recovery opportunities for individuals experiencing mental health issues and illness. In doing so we acknowledge cultural diversity and recognize the role of psychosocial vulnerability and trauma but aim to foster a spirit of resilience which sees the individual driving their recovery professionally supported by their treating team. St Vincent's mental health includes an adult area mental health service for the inner-city areas of Yarra and Boroondara.

St Vincent's trainees have access to a wealth of specialist experiences including dual diagnosis, aboriginal mental health, psychiatry of trauma, psychotherapy, perinatal psychiatry, psycho-oncology, consultation liaison psychiatry, psychiatry of old age, and forensic psychiatry. Trainees are rotated to Austin and Eastern Health or to a new private rotation at Gertrude Street Clinic for their child and adolescent mental health experience.

St Vincent's is committed to supporting and complimenting specialist RANZCP training with the aim of developing psychiatrists with a broad range of experiences and knowledge well equipped to perform clinically as well as lead and develop the broader mental health area.

St Vincent's draws on the collegiate approach of our consultant staff to form the background to a training experience which emphasises a comprehensive and inclusive manner of understanding and treating our patients including those at the margins of our community. There is an extensive academic and educational program available to trainees at St Vincent's Mental Health, including a particular commitment to providing a comprehensive training program which includes quality experience in psychotherapy.

Weekly reflective practice sessions are also facilitated with trainees. There is an active exam preparation program focussed on the modified essay and critical essay question exams. Psychotherapy case submissions have been supported by the provision of information tutorials to both supervisors and trainees as well as supervisor support for a double review process. Historically St Vincent's trainees have achieved high pass rates in their summative assessments and exams.

Training and working in mental health can be an intense, confronting and stressful experience. Trainees may have to deal with commitments outside of the workplace or challenges in their own lives. Part of professional development is finding a balance to these competing -and complementary- interests. In addition to meeting clinical and training supervision requirements through the usual avenues we support our trainees by ready access to senior support.

An open-door policy allows the clinical executive to provide support when needed. Our lead and senior registrars play an important role in providing mid-level and practical support to more junior trainees. St Vincent's Health provides staff support in the form of counselling services - ACCESS and STAR programs.

## Key Information for Potential Trainees

<b>Stage 1 Rotations</b>	12 months in Acute Inpatient Unit
<b>Stage 2 Rotations</b>	<ul style="list-style-type: none"> <li>- CYMHS at either Austin or Gertrude St Clinic</li> <li>- Consultation Liaison Psychiatry at either Fitzroy Campus or Peter MacCallum Cancer Centre</li> <li>- Community mental health rotations at either Clarendon or Hawthorn clinic</li> <li>- Old Aged Psychiatry at Normanby House</li> <li>- Forensicare - The Melbourne Clinic</li> <li>- Victorian Dual Disability Service</li> <li>- Victorian Transcultural Service</li> <li>- Victorian Aboriginal Health Family Counselling Service</li> <li>- Continuing Care Unit (Recovery and Rehabilitation)</li> <li>- HOPE (Hospital Outreach Post-Suicidal engagement)</li> <li>- Research Registrar</li> <li>- Crisis Team</li> <li>- Emergency Department Psychiatric Admitting Officer</li> <li>- Mental Health Alcohol and Other Drugs ED hub</li> </ul>
<b>Stage 3 Rotations</b>	Advanced training opportunities are available in the General stream as well as in CL Psychiatry, Old aged Psychiatry, Psychotherapy, Addictions Psychiatry and Perinatal Psychiatry.

### On Call Requirements

Participation in the first oncall roster on weekdays from 1700 – 2200 and split for weekends and public holidays from 0800 – 1530 or 1500-2200

Participation in the second oncall roster on weekdays and weekends from 1700 – 2200 and split for weekends and public holidays from 0800 – 1530 or 1500-2200

Participation in one week of nights every six months from 2130 - 0830

### Contact Details for Further Information

[jmsmhservices@svha.org.au](mailto:jmsmhservices@svha.org.au) cc Dr Susan Breen, Director of Postgraduate Training  
([susan.breen@svha.org.au](mailto:susan.breen@svha.org.au))

# BARWON HEALTH

## Training Region

Western Region  
6 Stage 1 Positions (2026)

## Site Coordinator of Training

Dr. Charlotte Duncan

## Contact Details

[charlotte.duncan@barwonhealth.org.au](mailto:charlotte.duncan@barwonhealth.org.au)  
[RegistrarMHDAS@barwonhealth.org.au](mailto:RegistrarMHDAS@barwonhealth.org.au)

# KEY INFORMATION

## Advanced Training Opportunities:

- Psychiatry of Old Age
- Addiction Psychiatry

We consistently work together with our advanced trainees to support new advanced training pathways within our service and facilitate individuals training goals

## Rotation Sites:

### Acute Intervention Services

- Geelong University Hospital Swanston Centre IPU – adult
- McKellar Centre IPU - older adult (50-65yo) & aged psychiatry (65+)
- PARC/CRF
- Consultation-Liaison (CL)
- Emergency Mental Health (EMH)
- Community - Acute Intervention Services (CAIS)
- Hospital in the Home (HITH)

### Continuing Care Services

- North Adult Team (Corio, Geelong West)
- South Adult Team (Surf Coast, Bellarine)
- Colac Team – adult
- Youth - Jigsaw (North, South, Colac)
- CAMHS
- Aged Psychiatry (Grace McKellar Centre)
- Drug and Alcohol (The Geelong Clinic & MHDAS rotations)
- Eating Disorders (The Geelong Clinic & MHDAS rotations)
- IMPACT Strategic Research Centre 0.5EFT (Prof. Berk Deakin University)
- Barwon South West Regional Forensic Mental Health Service 0.5EFT (Forensicare)

# KEY INFORMATION

## CONT.

### On Call Structure

This model has been developed by the registrar group with support from Barwon Health leadership. It is a "paired" model where weekday on-call shifts are paired with a weekend one.

### Weekdays:

1100 until 1630 in usual role

1630-2200 onsite at SCA

2200 onwards recall until 0830 the next day

The next day will be a rostered day off to ensure compliance with the EBA.

### Weekend/Public Holidays

Shift 1: 0830 until 1700 (no recall)

Shift 2: 1630 until 2200, with recall until 0830 the next day

Shift 3: 0900 until 1300 (covering the McKellar Wellbeing Unit for older adults)

A 'back-up on call' roster for the above shifts is paid to be available should the initial registrar be sick/unavailable.

### Buddy Shift

Every registrar who is new to the service will first complete a paid 'buddy shift' before being rostered to an independent on call shift. The buddy shift consists of shadowing a senior registrar during their on call shift from 1430 to 2200 on a weekday

### Average Participation Requirements

10-12 weekday/weekend/public holiday on call shifts per 6 month rotation

8-10 back up roster on call shifts per 6 month rotation

# KEY INFORMATION CONT.

## Educational Opportunities

### Tutorials

- Psychotherapy tutes & Balint groups (consultant led)
- Education afternoon on the last Wednesday of every month, with tutorials, presentations, Journal Club, PRG
- Communication Skills Session for Stage 1/SST registrars
- Psychiatry Grand Round

### Exam Preparation Support

- Consultant led exam tutorials for MEQ
- Protected teaching time (afternoon, weekly)

### Other Assessment Support

- Psychotherapy Written Case coordinator
- Psychotherapy Written Case individual supervision
- Scholarly Project coordinator

## Notable Service-Specific Factors

Research registrar (Stage 3 position) with Prof. Michael Berk and IMPACT, via Deakin University, supports registrars with an academic interest to explore opportunities



Mercy Health  
Care first

# Mercy Mental Health & Wellbeing Services

## RANZCP PSYCHIATRY TRAINING PROGRAM

### **Our Service:**

Mercy Mental Health is a rapidly expanding service that caters for the diverse public mental health needs of the south west division of metropolitan Melbourne. The organisation is located conveniently close to the city and employs people from many cultures and backgrounds who, irrespective of their beliefs, share a common bond to care for those in need.

### **Our Program:**

Mercy Health is excited to offer 4 First year/Stage 1 Psychiatry Registrar training positions commencing in February 2027, with multiple other training rotations across the three stages of RANZCP training. MMH Psychiatry Training program provides all mandatory rotations and offers Registrars an opportunity to work in the most extensive state of the art perinatal mental health service in the state. The first year inpatient rotations are based in our new 54 bed Clare Moore Building at Werribee and are supervised by fulltime accredited supervisors who are passionate about teaching. Our other mental health rotations include:

- Inpatient Perinatal psychiatry - @Mother Baby Unit, Werribee
- Community Perinatal Psychiatry - @ Werribee
- Community Adult – Hobsons Bay Team @ Williams Landing
- Community Adult - Wyndham Team @ Hoppers Crossing
- Community Aged Psychiatry – @Williams Landing
- Consultation-Liaison Psychiatry - @ Werribee Hospital, Heidelberg Campus
- Rehabilitation Psychiatry (PARC & CCU) - @ Deer Park, Werribee

### **Secondments to external services:**

- Child and Adolescent Psychiatry – @ Royal Children’s Hospital, Hoppers Crossing campus
- Youth Psychiatry – @ PYMHS, Werribee Campus
- Forensic Adult Inpatient & Community teams - @Ravenhall Correction Centre

Our After-hours On-call structures are attractive with single hospital cover, frequency of 2-3 per month and additional rostered PGY2-HMO support for the Registrar Afterhours On-call for evenings and night shift roster.

### **Our Education:**

Mercy Health offers a protected weekly education program which includes case presentations, journal club and regular teaching on psychiatry related topics. First year registrars receive additional weekly case based teaching. Written and Clinical exam preparation courses are provided by the service, as is supervision for the psychotherapy written case. Registrars will also have a range of opportunities to complete their scholarly project through our links with Notre Dame University & Mercy Mental Health Research Interest Group led by Consultant Psychiatrists to assist training registrars in Scholarly Project submission.

### **For more information please contact:**

Dr Ravi Srinivasaraju	Director of Clinical Training	Email: <a href="mailto:RSrinivasaraju@mercy.com.au">RSrinivasaraju@mercy.com.au</a>
Dr Thinzar Phyo	Site Coordinator of Training	Email: <a href="mailto:Tphyo@mercy.com.au">Tphyo@mercy.com.au</a>
Dr Tim Baker	Principal Registrar	Email: <a href="mailto:TBaker@mercy.com.au">TBaker@mercy.com.au</a>

Compassion Hospitality Respect Innovation Stewardship Teamwork

# MILDURA

BASE PUBLIC HOSPITAL

*Our Peoples,  
Our Heart  
Since 1892*

# PSYCHIATRY TRAINEE

## STAGE 1

Mildura and the surrounding region are much more than just a place to work and study: it's an experience.

Located on the mighty Murray River and bordering New South Wales, Mildura, with a regional population of over 80,000, provides residents and visitors with a cultural and lifestyle experience few rural and metropolitan cities can offer.

Mildura is all about the outdoors, red earth and mighty rivers, pioneers and a cultural heritage over 50,000 years in the making.

With the tenth busiest airport in Australia and directflights in an out of Melbourne, Sydney and Adelaide daily, accessing other parts of Australia is easy when you live and work in Mildura.

Mildura also boasts some of the best dining in regional Australia with two of its restaurants receiving Chef Hats.

But as well as providing a great lifestyle, Mildura also has great professional opportunities, particularly within the health care sector. Mildura Base Public Hospital (MBPH) is the biggest employer in the region with well over 1,000 staff.

For people who chose to further their medical training at MBPH they receive all of this, as well as an organisation which offers a small, vibrant and comprehensive training program with close support and highly-regarded exam prep.

If you choose to come to Mildura you will find yourself immersed in a community that deeply values their healthcare workers and where every team member can make a meaningful and substantial difference.



### TRAINING AND ROTATIONS

*Fully accredited for all mandatory rotations across all 3 stages.*

- Indigenous Social and Emotional Wellbeing
- Primary Care Clinic
- Alcohol and Other Drug service
- Child and Youth Mental Health Service and headspace
- Aged Persons Mental Health Program
- Hospital In The Home
- Acute Crisis Intervention and Treatment
- Continuing Care Team
- Consultation-Liaison Psychiatry
- 14-bed Inpatient Psychiatric Unit
- 10-bed PARC
- Perinatal service and specialty clinics coming soon

### EXAM AND STUDY

- Weekly exam prep and professorial tutes
- Flexible exam, study and conference leave
- Close support, supervision and teaching from consultants
- Upskilling opportunities with the Monash Rural Training Hub
- Regular Balint group and extra supervision available

### PROFESSIONAL DEVELOPMENT

- Direct involvement with service development projects
- Develop clinical leadership skills in a vibrant and supported setting
- Valued and close relationship with Monash University
- Rural Clinical School medical student teaching
- Supervised responsibility including in VCAT hearings and MHTs

### LIFESTYLE

- Travel only 5 minutes to work
- Mediterranean setting in a rural fruit-picking area
- Great nearby schools and sporting facilities, ideal for families
- Large variety of culinary and cultural offers in this major FIFO hub

### PEER SUPPORT

- Weekly peer review group
- Readily available, supportive and engaging consultants

*Come train in an organisation which offers a vibrant, dynamic and comprehensive training program. We are friendly, inclusive, supportive and welcoming.*

Please direct any enquires to Dr Robert Lundin, Site Coordinator of Training, E: [rlundin@mbph.org.au](mailto:rlundin@mbph.org.au)

## RANZCP Psychiatry Training Program

Grampians Health is excited to offer **4 first year Psychiatry Registrar positions** for the 2027 intake, in addition to multiple other Stage 2/3 accredited training positions with Community Psychiatry, Child and Adolescent Psychiatry Unit, Youth Services, Consultation Liaison Services, Aged Psychiatry Unit and the Parent and Infant Unit. Our training program provides all mandatory rotations and offers registrars the opportunity to work and live in the regional area with access to the best schools in Victoria. The first year inpatient rotation is based in our 23 bed Adult In-patient Unit at Ballarat, supported by SIMG Senior Registrars and PMCV PGY2 HMOs. Trainees are supervised by RANZCP accredited Consultant Supervisors.

### Grampians Health RANZCP accredited Psychiatry positions include:

- Perinatal Psychiatry – Parent and Infant Unit, Ballarat
- Community Psychiatry – Albert Street, Ballarat
- Consultation-Liaison Psychiatry – Ballarat Base Hospital
- Child and Adolescent Psychiatry – Norman Street, Ballarat campus
- Youth Psychiatry - Albert Street, Ballarat
- Acute Adult Inpatient – near Queen Victoria Building, Ballarat
- Aged Psychiatry – Steele Haughton Inpatient Unit – Dana Street, Ballarat
- Positions at PARC, Eating Disorder, AoD services & Forensic Psychiatry will be accredited over the next 12 months.



### Education

Grampians Health offers an attractive stage specific in house education program and offers protected time for weekly education program which includes case presentations, journal clubs and regular faculty teaching on psychiatry related topics. First year registrars receive additional case-based teaching at the QVB Building. Exam preparation courses are being organized by the service, as is supervision for the psychotherapy long case. Registrars will also have a range of opportunities to complete their scholarly project through our links with University of Melbourne and Deakin University in addition to Statewide Perinatal mental health Specialists Network.

### Other Benefits

Attractive on-call structure and ample work support from a dedicated team of 4-5 Senior Registrars on PC-SIMG pathway. In addition, there are 4 PMCV accredited PGY2+ HMOs supporting the In-patient unit, SECU and PARC teams.

Ballarat is a thriving community of over 120,000 people; it is a fast growing inland city in Victoria with easy access to bustling Melbourne, and in close proximity to the Great Ocean Road, the Otway Ranges and the rugged mountains of the Grampians National Park.

A family-friendly city Ballarat offers affordable housing, extensive employment opportunities, high quality health facilities, diverse schooling options and tertiary education. Two of the top 10 schools (Ballarat Clarendon College and Ballarat Grammar) in Victoria are located in Ballarat which provides a great opportunity for families with young children. The region's history of gold has left a unique legacy of grand historic architecture and streetscapes, serving as the backdrop to a vibrant and dynamic community with a contemporary culture of cafes, restaurants and the arts and theatre.



Please find the Grampians Health Careers page here: <https://careers.grampianshealth.com>

**Further information on the RANZCP Psychiatry Training Program please contact:**

Dr Ravi Srinivasaraju, Director of Training - Grampians Area Mental Health & Wellbeing Service  
E: [ravindra.srinivasaraju@gh.org.au](mailto:ravindra.srinivasaraju@gh.org.au) Mobile: 0425 058 721

Dr Ganan Ravindran, Principal Registrar - Grampians Area Mental Health & Wellbeing Service  
E: [ganan.ravindran@gh.org.au](mailto:ganan.ravindran@gh.org.au) Mobile: 0438 845 656

# RANZCP

# Psychiatry Training

South West  
Healthcare  
(SWH)



## JOIN OUR PROGRAMME

### *Service*

SWH Mental Health Service (MHS) is the major referral centre for South-West Victoria. We provide a comprehensive range of specialist services (Child & Adolescent, Adult, Consultation-Liaison, Aged and Primary Care) through community clinics, a 15 bed acute inpatient unit, a 5 bed extended care inpatient unit, and an 8 bed Prevention and Recovery Centre.

### *Location*

SWH MHS is situated in the beautiful coastal city of Warrnambool, just beyond the end of the Great Ocean Road where rugged cliffs meet sweeping beaches, and the Southern Right whale nurses in winter. With satellite clinics in the surrounding towns of Hamilton, Portland and Camperdown, SWH MHS spans 26,000 sq kms, and caters to a population of 110,000.

### *Education & teaching*

SWH MHS runs a comprehensive training & teaching program, including grand round, journal club, the opportunity to teach junior medical staff & final year Deakin University medical students, and an invitation to join a weekly peer review group comprised of both public and private psychiatrists as well as medical juniors from the local region.

### *Opportunity*

SWH MHS has been successfully delivering RANZCP accredited training for the past five years. A training position within this service allows for a unique, rich and rewarding educational experience within a rapidly expanding regional MHS.



**FOR MORE  
INFORMATION  
CONTACT:**

Director of Training  
Dr Rohitha Ranasinghe  
Email: rranasinghe@swh.net.au

Psychiatry Registrar  
Dr Sophie Boyd  
Email: sophie.boydeswh.net.au



## Exceptional Training | Supportive Culture | Diverse Opportunities

The Royal Melbourne Hospital Psychiatry Training Program offers a varied training experience with a variety of rotations across all training levels. There are multiple accredited Stage 1, 2 and 3 positions to ensure completion of mandatory training requirements as well as exposure to a broad range of general and specialist psychiatry rotations in senior years. There are **eight** RANZCP stage 1 training positions with rotations at Royal Melbourne Hospital and Waratah Clinic in Moonee Ponds.

### Why Train With Us?

We pride ourselves on being able to offer enviable choice in well supported clinical roles and opportunities to **pursue research, further study or other interests**. We are family friendly with regards to parental leave, part-time options and working hours (rotation dependent). The Royal Melbourne Hospital Mental Health Service is renowned for its **culture**, enthusiastic consultants and **retention** of trainees to consultant positions. Our training program is enhanced with access to engaged psychotherapy coordinator, scholarly project coordinators and exam preparation tutorials. We offer a broad and varied range of **teaching and education** including psychiatric interview, psychotherapy, and psychiatric theory in addition to Grand Rounds and support with preparation for RANZCP examinations.

### General training opportunities

- Positions across all stages of training within Acute Inpatient Units (IPUs), Integrated Adult Community mental health teams (including crisis/duty teams) and residential rehabilitation units (PARCs & CCUs)
- Specialist Homeless Outreach Services
- Emergency Mental Health
- Centralised Triage

### Advanced training opportunities

- Consultation-liaison (CL) Advanced Training positions with linkage to the RMH bone marrow transplantation, neuro-oncology and trauma units
- Psychotherapy Advanced Training positions
- Adult Psychiatry Advanced Training positions
- Forensic Psychiatry exposure via rotations within MH-FIT (Victorian Mental Health - Forensic Interface Team), PYMHWS Youth Justice and secondment to Forensicare positions
- Addiction Psychiatry with secondment to RMH Addiction Medicine Service, PYMHWS AOD Services and The Melbourne Clinic
- Psychiatry of Old Age

### Partnerships with specialist services

- Parkville Youth Mental Health and Wellbeing Service (formerly Orygen Specialist Program)
- The Royal Children's Hospital
- Specialist Homeless Outreach services
- RMH Neuropsychiatry Service
- RMH Eating Disorders Statewide Specialist Service
- The University of Melbourne Department of Psychiatry including research opportunities

### Key contacts

Dr Tom Rego and Dr Kate Egan, Heads of Psychiatry Workforce and Education

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## Psychiatry Training Program First Year Registrars 2027

Northern Health Mental Health Division (NHMHD) is the 3rd largest mental health service in Victoria, located in the north and northwest of Melbourne metropolitan area. NHMHD is an accredited training program of the Royal Australian and New Zealand College of Psychiatrists and the Australian College of Rural and Remote Medicine. NHMHD offers a comprehensive training program including adult, older adult, child and adolescent psychiatry, indigenous, perinatal, Consultation-Liaison (CL) Psychiatry and addiction mental health. Some of the NHMHD trainees are rotated to other services including refugee psychiatry, Child and Adolescent Psychiatry (CAP), Youth and Forensic service on secondment. NH is a rapidly growing health organisation and provides a lot of opportunities for clinical practice, research and education.

NHMHD includes 5 services: Adult Bed Based Services (ABS), Adult Community Based Services (ACS), Older Adult Mental Health (OAMH), Child and Adolescent Psychiatry (CAP) service, and the Addiction Psychiatry and Toxicology (APT) Service. ABS have acute inpatient units (IPUs) and Emergency Mental Health (EMH) /CL department. ACS has integrated adult community mental health teams (CMHT including crisis/duty teams) and residential rehabilitation units (PARCs & CCUs). OAMH has inpatient and community assessment teams. CAP is a new and small team within NHMHD providing CL and outpatient service.

### ABS:

- NPU (ward 7, 8 and 23) located at the Epping Hospital
- BIPU located at the Broadmeadows Hospital
- EMH located at the Epping Hospital
- CL located at the Epping Hospital and the Broadmeadows Hospital

### ACS:

- CMHT located in Broadmeadows (Hume) including Craigieburn, Coburg (Merri-Bak), Preston (Hotham St) and Mill Park (Noogal) including Mernda site.
- PARC and CCU located in Preston and Broadmeadows

### OAMH

- Broadmeadows and Bundoora Extended Care campuses

### CAP

- The Northern Hospital, Broadmeadows Hospital and Craigieburn Health Service

### APT

- The Northern Hospital and with site visits to all NHMHD clinics

Also, NHMHD provides the following rotations:

- AOD service with Uniting detox program located in Merri-Bek (Moreland)
- Refugee MHS with Cabrini Asylum Seeker and Refugee Health Hub located in Northcote
- Orygen located in Parkville, Footscray, Sunshine, Melton and Werribee
- Forensicare

## Stage 1 Rotations

The first-year trainees (Stage 1) start their rotation in one of our Adult Inpatient Units (NPU or BIPU) and there is a rich and intensive learning experience with our consultants and multi-disciplinary teams including nurses, psychologists, OTs, SWs, lived experience consultants and Aboriginal workers. During the first year, our

trainees undertake foundation tutorials as a group, on interview skills, communication and mental state examination with consultant psychiatrists. Dedicated training time to attend the Formal Education Course is highly valued and protected. First year trainees benefit from both the weekly tutorials group and collegial support with the weekly service wide education. They also have opportunities to attend other education/training sessions within the Northern Health. Stage 1 trainees are encouraged to attend local research projects to gain experiences for the preparation of their scholarly project.

## Stage 2 Rotations

After the first year, trainees have the opportunities to rotate to a broad range of positions that meet the RANZCP Stage 2 training requirements such as:

- Consultation-Liaison Psychiatry (CL) – The Northern Hospital and Broadmeadows Hospital
- Child & Adolescent Psychiatry (CAP) - Royal Children's Hospital (St Albans CAMHS and VAHS), Shepparton CAP post and NHMHD CAP team
- Aged Persons Psychiatry (POA) - Broadmeadows and Bundoora Extended Care campuses

Part of the NAMHS Noogal Clinic includes MM2 area which provide trainees an opportunity to gain their experience about rural medicine.

Stage 2 trainees are encouraged to plan their psychotherapy sessions and attend local research projects to gain experiences for the preparation of their scholarly project.

Stage 2 trainees are encouraged to attend the exam preparation sessions organised by NHMHD consultants.

We have highly experienced senior consultants specifically employed as coordinators to help our registrars for their clinical skill, written exam preparation, Scholarly Project and Psychotherapy Written Case.

## Stage 3 Rotations & Extensive Subspecialty Training

After completing the RANZCP mandatory Stage 1 and 2 training requirements, trainees have an opportunity to experience a wide variety of general integrated adult community and residential units (PARC, CCU, and SECU) in many subspecialty areas including:

- Perinatal Psychiatry in the Northern Hospital
- Addiction Psychiatry in APT service including Uniting detox program.
- Youth Psychiatry at YEPP of Hotham St Clinic
- Adolescent Psychiatry at Parkville Youth Mental Health and Wellbeing Service (PYMHWS)
- Aged Psychiatry in Broadmeadows and Bundoora Extended Care campuses
- Consultation-Liaison Psychiatry - at Northern Hospital and Broadmeadows Hospital
- Forensic Psychiatry via Forensicare state-wide forensic MH service such as Mental Health Forensic Interface Team (MH-FIT) or on secondment to Forensicare.
- Research – in local services
- Indigenous Mental Health – via VAHS and within NHMHD

NHMHD offers a comprehensive training and education program for local trainees and SIMGs. During first year, our registrars undertake regular tutorials with our experienced consultant psychiatrist in the IPU. Additionally, dedicated training time to attend the Masters of Psychiatry program is highly valued and ensured on all rotations. Further training is also provided in Formulation tutorials, Examination tutorials, and Psychotherapy tutorials, plus there are opportunities to complete the Psychotherapy Written Case and Scholarly Project. In the services, all teams would have access to Grand Rounds, Journal Clubs and other education opportunities. Also they would have access training and education opportunities organised by the Northern Hospital.

NHMHD registrars (local trainees and SIMGs) will join in the NH JMO family and supported by their local teams and the Northern Health. There are established staff supporting programs within the organisation. Staff wellbeing is the priority of the service and supported by local Director of Training. Principal Registrars in

# Northern Health Mental Health Division

NHMHD also serve a pivotal role in supporting registrars with roster, on-call, workforce and general support with other senior registrars and the Clinical Directors.

Joining the Psychiatry workforce with NHMHD provides a brilliant opportunity to start your career in one of the most rapidly growing areas of Melbourne, with a young, supportive, inclusive, and experienced team of mental health professionals.

Further information on NHMHD and applying for our First-Year training positions is available via our website:  
<https://www.northerndoctors.org.au/> or the recruitment website:  
<https://career10.successfactors.com/career?company=northernhe>