

What is a Rural Generalist?

A Rural Generalist is a medical practitioner who is trained to meet the specific current and future healthcare needs of Australian rural and remote communities, in a sustainable and cost-effective way.

All Rural Generalists are trained to provide primary care, emergency medicine, plus many required components of other medical specialist care that is needed to be able to provide comprehensive medical care to the communities in which they work.

Rural Generalists must have completed training in an Advanced Skill to perform a broad range of medical services, including some skills, ordinarily the province of other specialties.

The locations in which RG's can work is very diverse.

There is currently a National review underway to recognize Rural Generalists as a sub-specialty of General Practice.



About VRGP

The Victorian Rural Generalist Program (VRGP) is a coordination unit that supports a statewide end-to-end training program for the Rural Generalist workforce to train, work and live in rural and regional Victoria.

Supported by local & regionally based staff, the program offers support to define a supported pathway in the region of the trainee's choice all the way through to fellowship.

The program provides a diverse and rewarding training experience, with its long-term objective to increase employment of Rural Generalists in rural health services and communities across Victoria.

The Victorian Department of Health, the GP Colleges, Regional and Rural Health Services and General Practices have supported rural medical workforce programs and play an integral role to ensure that trainees achieve their goal of becoming a Rural Generalist.

More Information :

Merryn Lodding

Manager, Hume RG1

Murray to the Mountains Intern
Program (M2M)

hume@vicruralgeneralist.com.au

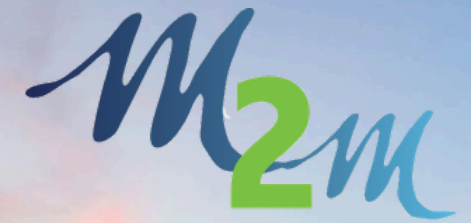
0418 260 398



www.m2m.asn.au



VICTORIAN
RURAL GENERALIST
PROGRAM



Murray to the Mountains
INTERN PROGRAM

**VICTORIAN RURAL
GENERALIST INTERN
PROGRAM**

**Murray to the Mountains
Intern Program**

HUME REGION

RURAL GENERALIST PATHWAYS IN HUME REGION

Murray to the Mountains Intern Program

The Murray to the Mountains Intern Program (M2M) offers a unique, hands-on internship experience across rural and regional hospitals, general practice, and community settings.

Based in some of Victoria's most scenic regions, M2M provides the opportunity to live and work in communities where lifestyle and career go hand in hand.

Hospital rotations are completed at Albury Wodonga Health or Northeast Health Wangaratta, across:

- General Medicine
- General Surgery or Orthopaedics
- Emergency Medicine

Interns also undertake 20 weeks in General Practice, working across vibrant rural communities including Benalla, Cobram, Kyabram, Mansfield, Mount Beauty, and Yarrawonga.

Together, these rotations provide comprehensive exposure to the four core clinical experience categories required for internship:

- A: Undifferentiated illness care
- B: Chronic illness care
- C: Acute and critical illness care
- D: Peri-operative and procedural care

The program includes 15 interns annually, with:

- 10 based at Northeast Health Wangaratta
- 5 based at Albury Wodonga Health

M2M supports career progression from internship through to Rural Generalist or particularist specialty training pathways, providing a strong foundation for a career in rural medicine.

"M2M offers more than just an internship - it's a foundation for a rewarding rural medical career"

General Practice Rotations

Interns complete a 20-week extended, community-based General Practice rotation at one of the program's 9 accredited teaching clinics across 6 regional locations including:

Benalla

- Benalla Health
- Carrier Street Clinic
- Church Street Surgery

Cobram

- NCN Health
- Cobram Medical Clinic

Kyabram

- Kyabram Health
- Kyabram Regional Clinic

Mansfield

- Mansfield District Hospital
- Central General Practice
- Mansfield Medical Clinic & Integrated Health Service

Mount Beauty

- Alpine Health (Mount Beauty)
- Mount Beauty Medical Centre & Falls Creek

Yarrawonga

- Yarrawonga Health
- Yarrawonga Denis Medical Group
- Yarrawonga Medical Clinic & Mulwala Medical Centre

"Experience continuity of care, build procedural skills, and become part of a community — not just a hospital."

The M2M Experience

The M2M program is designed to provide a comprehensive and immersive rural training experience, where interns:

- Gain broad exposure to generalist medicine
- Develop capability through high levels of hands-on clinical experience
- Work across hospital, ambulatory, and community care settings
- Experience unique clinical environments, including exposure to alpine, sports, and rural community medicine
- Act as a first point of patient contact and follow the full patient journey
- Participate in parallel consulting within General Practice
- Are supported by experienced supervisors in low-volume, high-learning environments

Procedural Skill Development

- Build confidence in core procedural skills relevant to rural practice
- Gain exposure to procedural general practice and rural hospital settings
- Develop skills in areas such as suturing, fracture management, emergency procedures, and women's health
- Access opportunities to observe and assist in theatre, antenatal care, and urgent care settings

Education & Training

- Engage in a high-quality education program, including:
 - Grand rounds
 - Clinical review meetings
 - Virtual tutorials (paediatrics, geriatrics, mental health & emergency medicine)
 - Rural Generalist skills workshops

Career Development & Support

- Receive ongoing career support, including:
 - Case management
 - Career counselling
 - Clear progression pathways into PGY2–PGY4 training positions in partnership with regional health services