

What is a Rural Generalist?

A Rural Generalist is a medical practitioner who is trained to meet the specific current and future healthcare needs of Australian rural and remote communities, in a sustainable and cost-effective way.

All Rural Generalists are trained to provide primary care, emergency medicine, plus many required components of other medical specialist care that is needed to be able to provide comprehensive medical care to the communities in which they work.

Rural Generalists must have completed training in an Advanced Skill to perform a broad range of medical services, including some skills, ordinarily the province of other specialties.

The locations in which RG's can work is very diverse.

There is currently a National review underway to recognise Rural Generalists as a sub-specialty of General Practice.



About VRGP

The Victorian Rural Generalist Program (VRGP) is a coordination unit that supports a statewide end-to-end training program for the Rural Generalist workforce to train, work and live in rural and regional Victoria.

Supported by local & regionally based staff, the program offers support to define a supported pathway in the region of the trainee's choice all the way through to fellowship.

The program provides a diverse and rewarding training experience, with its long-term objective to increase employment of Rural Generalists in rural health services and communities across Victoria.

The Victorian Department of Health, the GP Colleges, Regional and Rural Health Services and General Practices have supported rural medical workforce programs and play an integral role to ensure that trainees achieve their goal of becoming a Rural Generalist.

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Murray to the Mountains
INTERN PROGRAM

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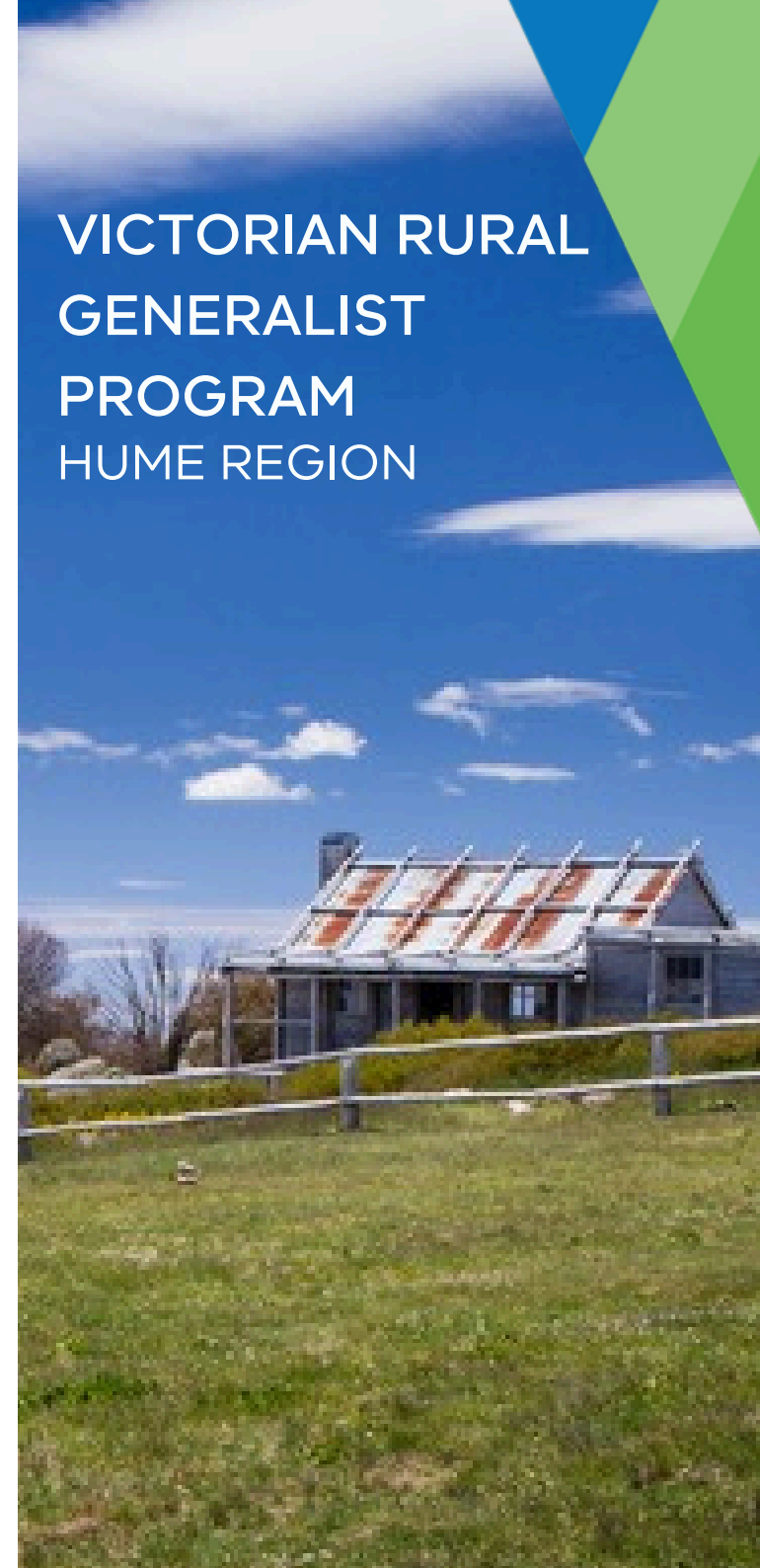
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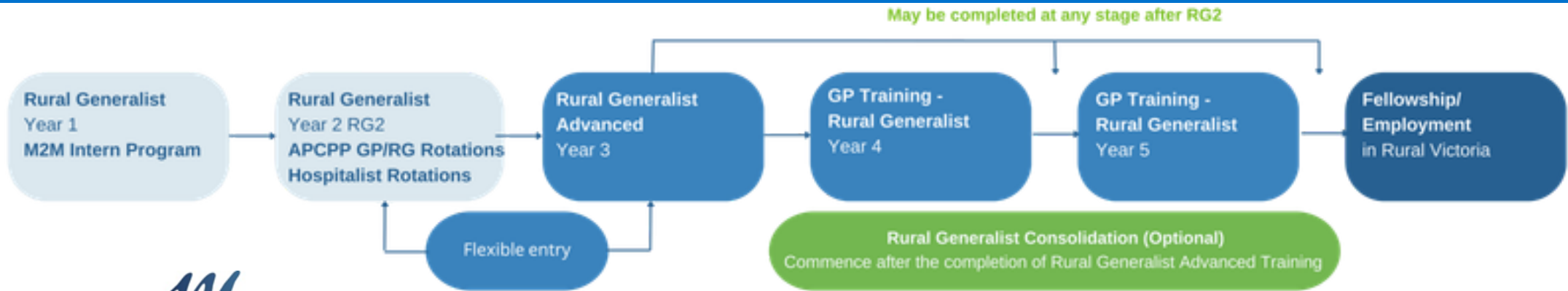


VICTORIAN
RURAL GENERALIST
PROGRAM

VICTORIAN RURAL GENERALIST PROGRAM HUME REGION



RURAL GENERALIST PATHWAYS IN HUME REGION



Murray to the Mountains
INTERN PROGRAM

Murray to the Mountains Intern Program

The Rural Generalist Intern Year is an innovative training model based across small rural and sub-regional hospitals, complemented by experience in general practice and community settings. It provides medical graduates with the opportunity to commence their postgraduate training in rural Victoria while building a strong foundation for a career as a Rural Generalist.

The Hume Rural Generalist Intern Training Program (Murray to the Mountains Program) provides broad clinical exposure across the full spectrum of rural medical practice. Interns gain experience in undifferentiated illness care, chronic disease management, acute and critical care, and perioperative/procedural care within acute hospital settings at Albury Wodonga Health and Northeast Health Wangaratta, as well as in community-based general practice.

The program provides a truly immersive rural experience, with placements across the Hume region. Interns complete 20 weeks in General Practice, with opportunities to work in communities including Benalla, Cobram, Kyabram, Mansfield, Mount Beauty, and Yarrowonga.

This model supports the development of well-rounded, work-ready doctors with the skills, confidence, and adaptability required for rural and regional practice.

Australian Primary Care Prevocational Program

The Australian Primary Care Prevocational Program (APCPP) funded by the Commonwealth Government offers rural primary care rotations for junior doctors in postgraduate years 1-5 in MM 2-7 locations.

APCPP provides junior doctors experience in general practice in positive, supportive rural and regional clinics, working alongside Rural Generalists, General Practitioners, and VMOs during rotations.

VRGP Regional Coordinators & Health Service Medical Workforce teams work closely with trainees to identify areas of medicine and geographical locations of interest to suitably match the trainee to an appropriate primary care setting.

Hume Rural Hospitalist

The Hume Rural Hospitalist program offers a unique opportunity to work in a rural hospital setting collaborating with GPs, Rural Generalists, and VMOs.

Based in the hospital, trainees work closely with the health team, gaining diverse clinical experiences within the Health Service. Rotations are partnered between various Health Services to provide unique clinical opportunities.

2026 Rotation Partnerships:

- Albury Wodonga Health & Mansfield Health Service
- Goulburn Valley Health & NCN Health - Cobram
- Northeast Health Wangaratta & Seymour Health Service
- Northeast Health Wangaratta & Benalla Health

Advanced Skill Training

Trainees on an Rural Generalist training program and enrolled with VRGP are eligible to complete an Rural Generalist Advanced Skill (RGA) supported training post as part of their RG training pathway.

Within the Hume Region the following Advanced Skill training posts are currently offered:

- Anaesthetics (available at *AWH & Northern Health)
- Obstetrics (available at AWH & NHW)
- Emergency Medicine (available at AWH, GVH & NHW)
- Paediatrics (available at *AWH & *NHW)
- Adult Internal Medicine (available at AWH & NHW)
- Palliative Care (available at AWH & GVH)
- Mental Health (available at AWH & GVH)

*additional pre-requisites apply

Trainees need to be enrolled in a Rural Generalist Fellowship Program (ACRRM or RACGP-RG) and meet college requirements to commence an RGA position (PGY3+).

All VRGP positions have specific selection criteria focusing on a commitment to the VRGP, rural and RG career intent.

Your Regional Coordinator and Clinical Lead can support your application for Consolidation of Skills following your AST. Speak to your Regional Coordinator to learn more.

AWH - Albury Wodonga Health
GVH - Goulburn Valley Health
NHW - Northeast Health Wangaratta