



Victorian Branch

VICTORIAN PSYCHIATRY TRAINING COMMITTEE

VIDEO INTERVIEWING FACT SHEET

This factsheet is designed to assist applicants to understand the one-way video interview process and surrounding expectations.

When should I complete my video interview?

Video interviews are able to be completed only from 10am on the 19th of May until 5pm on the 21st of May 2026 AEST. Video Interviews are considered the last part of the application process, and all other steps should be finalised and completed prior.

What is involved in the one-way interview?

Applicants will record their responses to predefined interview questions. This is completed through your regular web-browser.

How long will it take to complete the video interview?

The interview itself will take approx. 30 minutes to complete. However, please set aside approx. 45 minutes so that you can test your webcam and re-record any questions if necessary.

How much time do I have for each question?

There are 7 questions in total. You will be provided with 1 – 2 minutes reading time depending on the length of the question and between 2 – 5 minutes to answer each question; a countdown timer will appear on the screen to clearly indicate time remaining.

Will I have the questions ahead of time?

No, just like a regular interview you are not presented with the questions ahead of time.

Can I re-record questions?

No, just like a regular interview you will not be able to re-record your answers to questions.

Who will review the interviews?

Members of the VPTC will initially watch and assess the video interview. Mental Health services will also be offered an opportunity to watch the interviews from the 11th of June 2026, but only for those applicants who have applied to their service.

Can I practice testing my audio/video equipment?

Yes. Once logged in to the platform, applicants will be given a practice question, to familiarise themselves with the platform and test their audio and video equipment.

What if I experience issues on the day?

If you experience technical issues during your interview please contact PMCV via allocations@pmcv.com.au PMCV will provide support 9am-5pm 5 days a week.

GENERAL TIPS

- Review your environment and surroundings. Is the space well lit? How do you look in the lighting? What will the interviewer see in the background? Do you have housemates? Let them know you'll need quiet time for your interview and post a reminder on the door.
- Complete the interview on Desktop or Laptop with a webcam. It is not recommended to use your phone.
- Remember to turn off your phone, apps, and other programs that might interrupt the interview.
- Give yourself around 10 minutes to collect yourself and do any last-minute preparations.
- Remember good posture and non-verbal communication.
- Focus on representing eye contact with your interviewer by looking at the camera.
- Speak in a conversational voice, just as you would in an actual interview situation.
- Dress as you would for an in-person interview.